

JUNIOR 'BULLS' BOWLS ACADEMY

at Broadbeach Bowls Club

JOIN THE FUN

FREE!

AND LEARN
HOW TO PLAY BOWLS

Every Sunday from 1pm
Every Wed & Fri from 4pm



WHAT IS LAWN BOWLS?



Target Sport



Strategy Game



All year round



All abilities/ages

A SPORT WITH OUTSTANDING HEALTH AND SKILLS BENEFITS

Motor Skills



Motor Coordination
Balance
Hand / Eye / Foot
Coordination
Timing
Rhythm
Sense of Direction
Depth Perception

Physical Skills



Fitness
Core Stability
Flexibility
Mobility
Muscle Toning

Psychological Skills



Emotional Control
Focusing
Concentration
Positive Imagery
Relaxation
Self Motivation
Goal Setting

Life Skills

Self Awareness



Leadership
Confidence
Courage
Persistence
Positive Attitude

Social Skills



Respect
Sportsmanship
Communication
Tolerance
Loyalty
Unselfishness
Teamwork

IT'S THE PERFECT SPORT FOR YOU

Coaching Team



John Traynor

*Program Organiser
Head Coach*



Aron Sherriff

*Multiple World Champion.
7 x Australian Men's singles
champion.
2024 World no. 1.*



Jessie John - Jabore
Accredited Club Coach



Robert Blanco
Accredited Club Coach

**Plus many many more
experienced players!**

**Come and join the fun and
learn the sport of bowls at
Broadbeach Bulls! It's a sport
for all ages!**

**Interested? Phone John Traynor on 0412788732 or email
juniors@broadbeachbowlsclub.com.au to find out more!**

About the Program

- **FREE** COACHING PROGRAM for all school children ages 8 to 18
- **Coaching** from State, National & World Champions
- **Play** on the World's best bowls greens
- **Learn** with top-of-the-range equipment
- Meet new friends! Exciting program with fun challenges Friendly & safe environment Parent vs Kids
- Parents and Kids Challenge Nights
- Weekly sessions on: Wednesday, Friday and Sunday



Visit our website:
www.broadbeachbowlsclub.com.au



Did you know...
The average age of the Australian Bowls Team is under 30 years old?

Did you know...
Australia is the Number 1 ranked Country in Bowls out of the 80 countries that play around the World?